

Chicken Breast without skin



eikon® e3

03:00

This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e3
- eikon® e5
- eikon® e1s

Accessories:

e3 Flat Turn-table Plate 40H0347
e3 Non-stick Cooking Liner 40H0190

PROFILE

- 275 °C
- Chilled 4°C
- 1 Piece
- From Raw

Stage 1

- 01:30
- High
- 75 %

Stage 2

Turn the Chicken Breast Over

- 01:30
- High
- 75 %

RECIPE

Ingredients

140 g Chicken Breast

1. Food Preparation

Place it on the liner.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the liner and serve.