

Chicken Breast without skin

eikon® e3

03:00



This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e3
- eikon® e5
- eikon® e1s

Accessories:

- e3 Flat Turn-table Plate 40H0347
- e3 Non-stick Cooking Liner 40H0190

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- 275 °C
- Chilled 4°C
- 1 Piece
- From Raw

Stage 1

- 01:30
- High
- 75 %

Stage 2

Turn the Chicken Breast Over

- 01:30
- High
- 75 %

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Ingredients

140 g Chicken Breast

1. Food Preparation

Place it on the liner.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the liner and serve.