

## Roast Mediterranean Vegetables



**eikon® e2s**

02:00

This recipe is available for:

- eikon® e3
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e4

Accessories:

e2s Griddled Cook Plate PSB3117 Ovens  
purchased before January 2019, DB0719 Ovens  
purchased from January 2019.

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- 275 °C
- Chilled 4°C
- 1 Full Tray
- From Raw

Stage 1

- 02:00
- 100 %
- 50 %

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### Ingredients

- |       |                      |
|-------|----------------------|
| 100 g | Red Pepper           |
| 100 g | Courgette / Zucchini |
| 100 g | Aubergine / Eggplant |
| 10 ml | Vegetable Oil        |

### 1. Food Preparation

Slice 1 cm / 0,4 inch thick and mix them with the oil. Lay out evenly on the plate.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the plate and serve.