

## Grilled Green Asparagus



**eikon® e4s**

**01:45**

This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e4s
- eikon® e1s

Accessories:

e3/e4/e4s Non-stick Tray ideal for  
baking/roasting 40H0230

PRO  
FILE

- 275 °C
- Chilled 4°C
- 1 Full Tray
- From Raw

Stage 1

- 01:45
- 60 %
- 30 %

RE  
CI  
PE

### Ingredients

300 g	Green Asparagus
10 ml	Vegetable Oil

### 1. Food Preparation

Mix the asparagus with the oil. Lay out evenly on the tray.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the tray and serve.