

## Soft Shell Chilli Crab



**eikon® e2s**

**01:05**

This recipe is available for:

- eikon® e1s
- eikon® e2s HP (2000W)

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

PROFILE

- 275 °C
- Chilled 4°C
- 1 Portion
- From Raw

Stage 1  
Place the Crab & Bun  
00:45  
80 %  
65 %

Stage 2  
Remove the Bun  
00:20  
100 %  
0 %

RECIPE

### Ingredients

- 1 pcs Soft Shell Crab
- 1 pcs Chinese Mini Bun FROZEN
- 1 pcs Baking / Oil Spray
- 1 pinch Salt & Pepper
- 2 tbs Chilli Crab Sauce
- 1 tbs Pea Sprouts
- 1 tsp Peanuts, roasted & ground

### 1. Food Preparation

Season the crab with salt and pepper. Spray the crab with the oil and place it together with the frozen bun on the tray.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the tray and serve. Garnish with the remaining ingredients.