Lamb Marrowbone Soup - Soup Kambing



e1s

02:15

This recipe is available for:

- eikon® e2s HP (2000W)
- eikon® e1s

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue) Ceramic Soup Cup

P R O F I L



260 °C



Chilled 4°C



1 Portion



Partially Cooked



Stage 1

Ingredients

20	ml	Oil
30	g	Onion Red chopped
1	pcs	Cinnamon Stick
3	pcs	Clove
1	pcs	Star Anise
1	pcs	Green Cardamom
1	pcs	Pandan Leaf
2	pcs	Lamb Bone with Me
1	tsp	Curry Powder
0.5	tsp	Ginger Garlic Paste
1	tsp	Oatmeal

1 pinch White Pepper Powder

1 pinch Salt 1000 ml Wate

1 tbs Chinese Parsley chopped

1 tbs Fried Onions

1 pcs Roti Prata FROZEN

1. Food Preparation

Heat the oil in a pot and add onions, cinnamon, clove, anise, cardamom and pandan leaf. When the onions turn golden brown add curry, ginger garlic paste, oatmeal and white pepper. Let it roast for 20 seconds, add the water and lamb and let it simmer till the lamb meat is soft. Take the lamb out and cut the meat in equal cubes, strain the soup, bring the meat back to soup, season it with salt and pepper and chill it. Pour a portion (220 ml / 7,5 oz/fl) cold soup with parsley and fried onions into a soup cup and cover it with the frozen prata. Press the prata lightly on the edges of the cup. Place the cup on the tray.

2. Cooking Instruction Cook as per oven profile.

3. Food Serving Instruction

Remove the cup from the tray and serve.

Note: Information emanating from Welbilt is given after exercise of all reasonable care and skills in its compilation, preparation and issue, but is provided without liability in its application and use. All cooking settings are guides only. Adjust cooking settings to allow for differing product weights and start temperatures. Always ensure that food save core temperature has been achieved prior to service.