

Korean Flat Dumpling



eikon® e1s

02:00

This recipe is available for:

- eikon® e1s

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

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- 260 °C
- Chilled 4°C
- 2 Pieces
- Partially Cooked

Stage 1

- 01:00
- 100 %
- 100 %

Stage 2

- 01:00
- 100 %
- 0 %

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Ingredients

- 140 g Flat Dumpling
- 1 tbs Oil
- 1 tbs Doenjang (Soya Bean Paste)
- 1 tbs Miyeok (Stem of Sea Mustard)

1. Food Preparation

Brush the dumplings with oil and place them on the tray.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the tray and serve. Use the paste and the sea mustard stems as garnish.