

## Omelette



**eikon® e4s**

01:45

This recipe is available for:

- eikon® e2s HP (2000W)
- eikon® e1s
- eikon® e4s

Accessories:

16oz. Ceramic Dish

P  
R  
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L  
E

- 275 °C
- Chilled 4°C
- 1 Portion
- From Raw

Stage 1

- 00:25
- 20 %
- 85 %

Stage 2

- 01:20
- 20 %
- 80 %

R  
E  
C  
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P  
E

### Ingredients

- 14.17 g Red Bell Pepper
- 14.17 g Red Onion
- 14.17 g Precooked Sausage
- 118.29 ml Liquid Eggs, raw
- 14.17 g Shredded Cheddar Cheese
- 1 pinch Kosher Salt
- 1 pinch Fresh cracked Black Pepper
- 1 tbs Butter melted

### 1. Food Preparation

Clean and dice vegetables and sausage to a fine dice and reserve. Spread the melted butter in the ceramic dish. Season eggs with salt and pepper. Combine eggs, vegetables and sausage in ceramic dish, top with shredded cheese.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the ceramic dish and serve.