

## Roasted Brussel Sprouts



**eikon® e2s**

01:45

This recipe is available for:

- eikon® e2s HP (2000W)

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

P  
R  
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- 275 °C
- Chilled 4°C
- 1 Portion
- From Raw

Stage 1

- 01:45
- 100 %
- 100 %

R  
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E

### Ingredients

226.8	g	Fresh Brussel Sprouts, halved
29.57	ml	Olive Oil
1	pinch	Salt & Black Pepper

### 1. Food Preparation

Mix the Brussels sprouts with the oil and season to taste with salt and pepper. Lay out evenly on the tray.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the tray and serve.