Roasted Brussel Sprouts

eikon e2s

01:45

This recipe is available for:
- eikon® e2s HP (2000W)

Accessories:
e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

PROFILE

275 °C	Stage 1
Chilled 4°C	01:45
1 Portion	100 %
From Raw	100 %

RECIPE

Ingredients

226.8	g	Fresh Brussel Sprouts, halved
29.57	ml	Olive Oil
1	pinch	Salt & Black Pepper

1. Food Preparation

Mix the Brussels sprouts with the oil and season to taste with salt and pepper. Lay out evenly on the tray.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the tray and serve.

Note: Information emanating from Welbilt is given after exercise of all reasonable care and skills in its compilation, preparation and issue, but is provided without liability in its application and use. All cooking settings are guides only. Adjust cooking settings to allow for differing product weights and start temperatures. Always ensure that food save core temperature has been achieved prior to service.