

## Chicken Breast without skin



**eikon® e1s**

**02:30**

This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e3
- eikon® e5
- eikon® e1s

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

P  
R  
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- 260 °C
- Chilled 4°C
- 1 Piece
- From Raw

Stage 1

- 02:30
- 100 %
- 50 %

R  
E  
C  
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P  
E

### Ingredients

140 g Chicken Breast

### 1. Food Preparation

Place it on the tray.

### 2. Cooking Instruction

Cook as per oven profile.

### 3. Food Serving Instruction

Remove the cooked food from the tray and serve.