

Grilled Green Asparagus



eikon® e1s

01:20

This recipe is available for:

- eikon® e4
- eikon® e2s SP (1000W)
- eikon® e2s HP (2000W)
- eikon® e4s
- eikon® e1s

Accessories:

e1s/e2s Full Size Cooking Tray 32Z4080 (Black), 32Z4100 (Red), 32Z4093 (Green), 32Z4101 (Blue)

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- 260 °C
- Chilled 4°C
- 1 Full Tray
- From Raw

Stage 1

- 01:20
- 100 %
- 80 %

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Ingredients

| | | |
|-----|----|-----------------|
| 300 | g | Green Asparagus |
| 10 | ml | Vegetable Oil |

1. Food Preparation

Mix the asparagus with the oil. Lay out evenly on the tray.

2. Cooking Instruction

Cook as per oven profile.

3. Food Serving Instruction

Remove the cooked food from the tray and serve.